



The Nordic LipidForum proudly presents an afternoon webinar on

# Lipids in Covid-19 pandemic and a specific role in the personalised nutrition

16 June 2021 - 12:00 – 15:00 (CET)

## ABOUT

*Due to the ongoing covid-19 pandemic situation, the board of Nordic Lipidforum decided to postpone the next Symposium until 2022. This is a misfortune for our every year continued and very much enjoyed tradition to meet each other's and update our knowledge in lipids. Therefore, we wish to invite you to our afternoon Webinar on the 16th of June. Please take this as a change to learn more on the effects of cod liver oil in the status of COVID-19 disease. The topic personalized nutrition is introduced from the view of practical tools used in metabolomics. The theme is continued by revealing the results achieved in the recent intervention studies in Denmark and in Finland.*

*You are warmly welcome!*

## Program

### Wednesday 16 June

- 12:00 **Introduction and welcome** – Chair Kaisu Riihinen /Sec. Robert Wolff
- 12:10 **Cod liver oil for COVID-19 prevention study**  
*Sonja Hjellegjerde Brunvoll* – University of Oslo, NOR
- 12:50 **Sponsor's corner**
- 13:00 **Metabolic profiling in food and nutrition research**  
*Kati Hanhineva* - University of Turku, FIN
- 13:30 Small coffee break
- 13:45 **Effects of a polyunsaturated (omega-6) fat replacement**  
*Kristina Pigsborg* - University of Copenhagen, DEN
- 14:15 **Gene-diet interactions in polyunsaturated fatty acid metabolism**  
*Maria Lankinen* - University of Eastern Finland, FIN
- 14:45 **Concluding remarks and take-home message**  
**Welcome to Ålesund by NFL Chair Astrid Nilsson**

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#### Nordic Lipidforum

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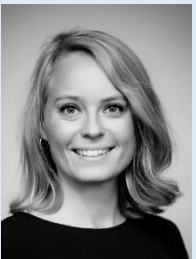
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**Speakers:****PhD. Sonja Hjellegjerde Brunvoll – University of Oslo, NOR**

Sonja Brunvoll is a registered dietitian and has just finalised her PhD in nutritional epidemiology at the Department of Nutrition, University of Oslo about diet and nutrition among women with breast cancer. She is now working at the Department of Microbiology, Oslo University Hospital as a researcher, working with the 'Cod liver oil for COVID-19 prevention' and 'Risk factors for community- and workplace transmission of COVID-19', studies which she will present at the webinar.

**Prof. Kati Hanhineva – University of Turku, FIN**

Kati is professor in food development with special focus in Nordic foods and health effects. She holds a Research Director position at the University of Eastern Finland and is affiliated as visiting scientist at Chalmers. Her main research focus is within the biochemistry of foods, especially phytochemical compounds, and the effect of food processing such as fermentation on their composition. Likewise, molecular level understanding of the role of nutrition in maintaining good health, and food-microbiota interaction are within the core of the research.

**PhD-student Kristina Pigsborg - University of Copenhagen, DEN**

MSc. Kristina Pigsborg is a second year PhD student in the Department of Nutrition, Exercise, and Sports at the University of Copenhagen. In her PhD-thesis she is working with personalised dietary management of human health and aiming on identifying new as well as validate newly discovered biomarkers that modify the relationship between dietary intake and overweight/obesity as well as glucose homeostasis. At this webinar she will present results from a study done in collaboration with University of Oslo, Norway.

**PhD. Maria Lankinen - University of Eastern Finland, FIN**

Maria is an authorized clinical nutritionist, and docent in nutrition, with specialisation in lipid metabolism. She is a researcher at the Institute of Public Health and Clinical Nutrition and has an over 10 years' experience of randomised controlled clinical trials studying health effects of diet. Last years she has focused on gene-diet interactions related to fatty acid metabolism and prevention of type 2 diabetes. She has also an active role in the Fatty Acids and Outcomes Research Consortium (FORCE), which goal is to understand the relationships between fatty acids from our diet and metabolic processes on chronic disease outcomes.

**Where:** ONLINE – MS TEAMS

**Webinar language:** English

**Webinar fee:**

Members (Euro Fed Lipid and Nordic LipidForum): **FREE**

Non-members - industry: EUR 50

Non-members – academia (incl. students): EUR 20

**Payment:** Invoicing upon registration.

**Registration:** Fill in registration [here](#).

**Sponsors:** Please contact organising committee for more information.

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*See you all at the 31<sup>st</sup> Nordic Lipidforum Symposium 2022 in [Ålesund](#), NORWAY.*

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